

# *Southern Oaks—Lafayette Oaks*

## **March For Babies 5K**

**2nd Annual 5K Run**

**Benefiting the March of Dimes**



March  
of Dimes®

**Saturday, 3/14/2009**

**8:00am 1 Mile Fun Run**

**8:30am 5K Start**

**Check-in and Late Registration begins at 7:30 AM**

Race begins and ends in beautiful Southern Oaks, Tallahassee's First Sub-division committed to green building as recognized by the Leon County Commission and the Florida Green Building Coalition.

Runners and walkers will wind through Southern Oaks Dr. to Barfield Road, down Edenfield Road, through Lafayette Oaks and back.

Mostly flat with a few gradual hills.

**Entry Fees:**

\$ 10 Pre- registration (By March 5th)

\$15 Late Registration (After March 5th)

For more information:

Mike Rogers, Race Director, 566-2560

[www.rogersdevelopments.com](http://www.rogersdevelopments.com)



**Prizes:**

Top 3 Male / Female in each age group

Age Groups: 14 and under; 15-19; 20-29;  
30-39; 40-49, 50-59; 60 and older

Overall Top Male and Female Winner

**ALL FINISHERS** of Fun Run  
Will receive a prize !

**Proceeds donated to the March of Dimes**

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**2nd Annual 5K and Fun Run  
Benefiting the March of Dimes**



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*Special thank you to*

***Gulf Winds Track Club      Rogers Developments***  
***Dr. Larry C. Deeb      Lorraine Ausley      Farmers & Merchants Bank***  
***[www.rogersdevelopments.com](http://www.rogersdevelopments.com)***

### Entry Fees:

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**MAKE CHECKS PAYABLE TO: Southern Oaks 5k**

Location: Southern Oaks Drive (Between Mahan and Miccosukee Road) Tallahassee Florida

Directions: Take Mahan Dr. East to Left on Edenfield Road; Left on Barfield Road, Left into Southern Oaks (PARKING WILL BE MARKED)

**CIRCLE CHOICE PLEASE:    FUN RUN      5 K      BOTH**

**Complete for 5K:    AGE: \_\_\_\_\_    Circle: Male    Female    Shirt Size: Sm, Md, Lrg**  
**(Shirts limited to first 75 registrants)**

**Fun Run and 5K complete: Name \_\_\_\_\_**

**Address \_\_\_\_\_ City/State: \_\_\_\_\_ Zip \_\_\_\_\_**

**Telephone \_\_\_\_\_ e-mail \_\_\_\_\_**

**Mail application and fee to: Southern Oaks 5K; 3208 Talon Court; Tallahassee, FL 32309**

I know that running/walking a road race is a potentially hazardous activity and that I should not enter and walk/run unless I am medically able. I agree to abide by any race official relative to my ability to safely complete the run/walk. I assume all risks associated with running/walking this event including, but not limited to falls, contact with other participants, the effect of the weather, including high and low temperatures and or humidity, traffic and other conditions of the course; all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of accepting my entry, I, myself and anyone entitled to act on my behalf, waive and release the Southern Oaks Race Officials, volunteers, the City of Tallahassee, and all sponsors, their representatives, employees, and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

\_\_\_\_\_  
Signature (if under 18- parent/guardian)

\_\_\_\_\_  
Date